



Subject Specific Vocabulary		Memorable Image	Exciting Books
stew	a dish, similar to a soup, made of meat or fish with vegetables and boiled slowly.		
fruit stew	fruit boiled together slowly in a pan		
ingredients	one of the parts of a mixture.		
evaluate	to judge or determine the worth or quality of something.	<b>Sticky Assessment Knowledge</b>	<b>Useful Websites</b>
healthy food	eating a variety of foods so that your body gets the right the nutrients it needs for normal growth	<input type="checkbox"/> I can consider the needs of individuals and groups to create different design briefs for projects.  <input type="checkbox"/> I know how to apply the principles of a healthy diet.  <input type="checkbox"/> I can identify the strengths and weaknesses of ideas.  <input type="checkbox"/> I know when to evaluate existing products and can explain what works better than others.  <input type="checkbox"/> I can work accurately to measure, mix, and pour ingredients.  <input type="checkbox"/> I can select tools and equipment suitable for the task.	<a href="https://www.twinkl.co.uk/resource/t2-h-4649-stone-age-stewed-fruit-recipe-sheet">https://www.twinkl.co.uk/resource/t2-h-4649-stone-age-stewed-fruit-recipe-sheet</a>  <a href="https://www.imaginghistory.co.uk/post/s-tone-age-food">https://www.imaginghistory.co.uk/post/s-tone-age-food</a>
diet	the food and drink usually eaten and drunk by a person or animal.		
stir	to mix or move in a circle with a hand or object.		
pour	to cause to flow in a steady stream.	<b>Misconceptions and Facts</b>	<ul style="list-style-type: none"> <li>Stone Age people needed a healthy balanced diet, so alongside hunting for meat and protein, they needed a team of gatherers to collect other foods too.</li> <li>Fruits, nuts, and berries were a hit with gatherers as they provided a wide range of nutrients, they were tasty too!</li> </ul>
recipe	a list of ingredients and instructions for making a food dish.		
utensil	a device, instrument, or container used in a kitchen.		